## Your Facilitator: Ronald

Ronald Kohlman is an experienced teacher, healer, and group leader with a rich background in both spiritual development and practical, real-world guidance. Drawing from decades of involvement in healing modalities, counselling, shamanic practices, and personal growth circles, he brings depth, authenticity, and grounded wisdom to every session.

As a facilitator, Ronald creates a safe, welcoming, and inclusive learning environment where participants feel supported and respected. He is skilled at blending structure with adaptability, ensuring each session flows naturally while meeting the unique needs of the group. His teaching style is clear, approachable, and enriched with real-life stories and insights that make concepts easy to understand and apply.

Ronald's facilitation strengths include:

- Holding a space of trust, openness, and mutual respect.
- Guiding meditative and reflective practices with calm, steady presence.
- Helping participants connect inner experiences with practical daily life.
- Encouraging self-discovery and personal empowerment without pressure or judgment.

Whether leading meditation, spiritual development work, or group discussions, Ronald's approach is both inspiring and grounded, enabling participants to explore their own path with confidence and clarity.