

# Ronald Kohlman – Spiritual Profile

Spiritual Healer • Shamanic Practitioner • Counsellor • Teacher • Facilitator

## Spiritual Profile

Ronald Kohlman is a deeply grounded spiritual healer and facilitator with over 30 years of experience in traditional and energy-based healing modalities. His path weaves together ancient wisdom and modern understanding, supporting others on their journey of self-discovery, healing, and spiritual awakening.

Ronald's spiritual calling began in the early 1990s through rebirthing workshops and immersive spiritual development training in Melbourne. His journey led him to study with traditional healers and shamans across the globe, including Native American, South American, Hawaiian, and Eastern lineages. He brings this depth of practice to every session and circle, holding space with humility, compassion, and spiritual integrity.

*"There are no limits."* – Ronald, guided by the principle of **KALA**,  
a key teaching in the Hawaiian Huna tradition.

## Professional Experience

- **Spiritual Healing:** Ronald offers healing that works on the physical, etheric, emotional, and spiritual levels—clearing, balancing, and transmuting energetic blockages to restore wellbeing and connection to Spirit.
- **Shamanic Practices:** He has trained in traditional healing methods with Native American elders (including participation in **Sundance** and **Inipi (sweat lodge)** ceremonies), Peruvian **Quechua shamanism**, and Hawaiian **Huna** philosophy. His practice incorporates ritual, sacred space, spirit communication, nature-based medicine, and energy alignment.
- **Sound & Drum Healing:** Ronald works with rhythm, vibration, and sacred sound—including **drum journeys**, toning, and frequency work—to induce trance states, connect with Spirit, and support soul retrieval and inner healing.
- **Energy Medicine:** He is trained in and applies advanced energy systems such as **Zenith Omega**, **Ki Force Energy Healing**, **Spiritual Healing**, and **water-based vibrational therapies**. His sessions are intuitive and deeply attuned to each person's soul blueprint.
- **Counselling & Life Support:** With qualifications in general and bereavement counselling, Ronald brings a calm, empathic presence to personal guidance, helping clients through emotional blocks, loss, life transitions, and spiritual crisis.

- **Group Facilitation & Teaching:** Ronald co-facilitates **Spiritual Development Circles** (Open & Closed), **men's groups**, and sacred space gatherings. His teaching and leadership encourage authentic connection, spiritual empowerment, and emotional transformation.

## Modalities & Ceremonial Experience

- Sundance & Inipi (Lakota traditions)
- Quechua Peruvian ceremonial teachings
- Huna and Kala (Hawaiian spiritual philosophy & energy work)
- Drum journeys, sound and vibrational healing
- Zenith Omega, Ki Force, I-Ching, & Spiritual Healing
- TCM-style acupressure & Oriental bodywork
- Water memory and vibrational energy therapies
- Grief support, counselling & heart-centred dialogue

## Areas of Experience

- **Spiritual & Energy Healing**

Offering hands-on and intuitive healing sessions that work across the physical, emotional, mental, and spiritual layers. Modalities include **Zenith Omega, Ki Force, Spiritual Healing, Energy Healing, Sound** and **water-based vibrational therapies**, all supporting clearing, energetic alignment, and soul integration.

- **Shamanic Practice & Ceremony**

Having had the honour of learning from traditional **Native American Elders**—including participations in **Sundance** and **Inipi (sweat lodge)** ceremonies—as well as from Peruvian **Q'echua shamans** and **Hawaiian Huna** teachings. Ronald's work integrates sacred ritual, Earth-based wisdom, drum journeys, spirit communication, and ceremonial healing.

- **Sound & Drum Work**

Incorporating **sound healing**, sacred drumming, toning, and vibration to open energy pathways, induce altered states, and facilitate connection to Spirit and inner guidance.

- **Body & Energy Therapy**

I've trained in **TCM Oriental bodywork and acupressure**, blending body and energy work in a grounded, restorative way to support physical release and emotional balance.

- **Massage & Traditional Chinese Medicine (TCM)**

Drawing on the principles of Traditional Chinese Medicine, Ronald integrates **acupressure**, **meridian therapy**, and **energetic bodywork** to support the body's natural healing processes. His massage sessions combine intuitive touch with knowledge of TCM pathways, helping to release muscular tension, harmonise internal energy flow (Qi), and restore balance across the physical and subtle bodies. Sessions may include breathwork, pressure-point activation, and energy-based techniques to promote deep relaxation and revitalisation.

- **Spiritual Counselling & Grief Support**

With qualifications in general and **bereavement counselling**, I also hold sacred space for those navigating loss, emotional trauma, life transitions, and soul-purpose discovery.

- **Teaching & Facilitation**

Together with my wife, Rev. Pananda DonnaRae Kohlman, I co-lead **Spiritual Development Circles** and **men's groups**, supporting individuals in awakening their gifts, healing their wounds, and stepping into spiritual service.

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## **Community Work & Service**

Ronald supports the **Pakenham Spiritualist Centre** alongside Rev. Pananda DonnaRae Kohlman and facilitates **Spiritual Development Circles** in Melbourne's eastern suburbs. He is a supporter of **Amazon Promise**, a non-profit medical outreach organisation serving remote Indigenous communities the people of the Peruvian Amazon and is active in men's sacred work and community support initiatives.

Healing is not just about personal transformation—it's about reconnecting to community, to Spirit, to the Earth, and to one another.

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## **My Approach**

Ronald's healing work is grounded, intuitive, and always Spirit-led. Whether offering a one-on-one session, co-facilitating a spiritual development circle, or sitting in silent ceremony, the aim is to meet each person where they are—with compassion, clarity, and deep respect.

Drawing upon a wide array of energetic, spiritual, and somatic modalities, always guided by what your body, energy field, and spirit are ready to release, integrate, or remember. The tools used are many—but the intention is always the same: **to help you reconnect with your own essence and your unique spiritual truth.**

## A Personal Note

If you're feeling the call to reconnect—to yourself, to Spirit, to healing—I welcome you with an open heart. Whether you join one of our circles, attend a healing, or simply reach out for a conversation, I honour the path you're on and the sacred timing that has brought you here.

***"There are no limits." – KALA (Huna Principle)***

With warmth and respect, **Ronald.**

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## Bookings & Enquiries

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